

Young Yogis

6-week class session

Enroll your child for fun-filled classes with age appropriate activities!

- ❖ Games
- ❖ Yoga Poses (Asanas)
- ❖ Storytelling
- ❖ Breathing Techniques
- ❖ Guided Meditation

\$60 per child
(second child is \$48)

Moms and Dads can stay
and practice for free!

Classes start Wednesday, July 12



Wednesdays
9:30 – 10:30 am
Ages 5-9



YOGA
ELEMENTS

1981 Midway
Road, Unit D

(920) 383-1003

